



◀ Mom's Best Friend

Mommy-hood rocks, but there's no denying that giving birth can wreak havoc on what was once a toned, stretch-mark-free zone. Previously perky breasts head south, and once-firm abs become, well, firm no more. Looking for a remedy but uncertain of what, exactly, to do? Allow us to provide you with some direction: board-certified plastic surgeon **Robert Cohen, MD** is a mom's best friend.

Say hello to the "mommy makeover," a total-body overhaul that usually consists of a breast lift (with or without implants), a tummy tuck and liposuction. This combination of procedures has steadily gained popularity as women realize that they don't have to live with their floppy breasts and stretched-out bellies, neither of which can be fixed in the gym, no matter how many crunches you do. (Sorry, personal trainers!)

On a daily basis at his office, the elegant Scottsdale Center for Plastic Surgery, Cohen sees patients of all ages who love their babies but have little love for their post-baby physiques. Take a peek into his state-of-the-art operating room and, chances are, you'll see him working hard to return a mom to her former glory.

His Ivy-league education and prestigious cosmetic surgery fellowship (with world-renowned Los Angeles plastic surgeon **Dr. Grant Stevens**) have led Cohen to creating the most advanced and refined surgical techniques available for new mothers. The beneficiaries of such concentrated study? The happy recipients of fresher-looking faces, moms who get their beautiful pre-baby bodies back.

Of course, it is not without a few good women in his own life that the doctor has become a maven of the mommy makeover. Cohen's artistic instincts (his own mother is a professional illustrator), and his gentle and attentive bedside manner (his wife is a yoga instructor), help this top doc attain natural results, while putting his patients at ease.

Better book now, moms. Getting in to see Cohen can be as hard as getting that kid of yours into a fancy-schmancy kindergarten. — JORDAN FLOYD

For more information, call 480-423-1973 or visit www.robertcohenmd.com