



BROWLIFT

There may be information here that contradicts information on the general Post-Operative Instructions sheet. Any time this occurs, follow these procedure specific instructions. If you have any questions, please call the office at (480) 423-1973.

No HOT, WARM or COLD compresses to the brow area.

You can expect:

- Moderate discomfort-which should be relieved by your pain medication.
- Moderate swelling
- Black and blue discoloration
- Bloodshot eyes
- You may have a drain in the forehead area for a day or two after surgery

Call the office if you have:

- Severe pain not responding to pain medication
- Marked swelling or obviously more swelling on one side than on the other
- Significant changes in vision, anything more than mild blurring

Sleep with your head elevated on a few pillows until your swelling is resolved. If you experience dry eyes you may use over the counter artificial tears or ointment. You will be instructed when you may shower and shampoo your hair after surgery, most likely beginning two days after surgery. Once cleared to do so we will request that you shampoo your hair daily until all the sutures have been removed. Please do not use a hot dryer but you may use a cool dryer. Limit lifting, pulling or pushing for 10 days.

Do not bend over - keep your head as the highest point on your body to minimize swelling and bleeding.