



## BUTTOCK AUGMENTATION

There may be information here that contradicts information on the general Post-Operative Instructions sheet. Any time this occurs, follow these procedure specific instructions. If you have any questions, please call the office at (480) 423-1973.

Minimal activities for the first four days after surgery. Remember to position yourself as you have been instructed.

You can expect:

- Moderate discomfort-which should be helped by the pain medications
- There may be some bloody drainage on dressings

Call the office if:

- Severe pain not responding to the pain medications
- Swelling that is greater on one side than the other
- Bright red spots which continue to enlarge on bandage
- Incisions that are red, inflamed, or are draining pus
- If you have a fever of 101 degrees or higher
- If you have questions

Placing well-padded ice bags high on the area often helps relieve discomfort. No sitting for the first two weeks after surgery. Sleep on your abdomen/chest. After two weeks, use a Boppy pillow to sit on for an additional four weeks.

**Avoid smoking or second hand smoke for a minimum of 6 weeks after surgery.**