



## **CLEAR + BRILLIANT**

Your skin will generally show a marked improvement in your tone and texture after a single treatment. Your skin will look and feel smoother, cleaner and tighter. With additional treatments, you will start to notice softening of fine lines and wrinkles, pore size reduction, clearance of pigmentation and all-over luminosity to their skin. Six treatments have been studied to yield optimal results. However, every patient's skin is different and has different needs.

What you may feel and look like:

- Immediately after the treatment, you will experience slight to moderate erythema (redness of the skin). If you are a long time Retin A or Tretinoin user, the redness may be slightly more pronounced. The redness will dissipate over time lasting anywhere from a few hours to 24 hours after treatment.
- Avoid any type of workout that will increase heat such as intense cardio, hot yoga, etc.
- The day after treatment, you should expect a "sand paper" like texture and feel to your skin. This is the dead skin cells getting ready to "slough off". The sand papery texture can last anywhere from 3-5 days. It is important that you allow your skin to smooth out naturally, and NOT use any type of exfoliating type of products, a Clarisonic, etc. to speed this process up. The skin is compromised from the treatment and we want it to heal naturally.
- Use a gentle cleanser and sunscreen only for 3-5 days.
- Once the sand paper feeling goes away within 3-5 days, your skin will look and feel smooth and refreshed and you can continue your usual skin regime.