



LIPOSUCTION WITH FAT GRAFTING

There may be information here that contradicts information on the general Post-Operative Instructions sheet. Any time this occurs, follow these procedure specific instructions. If you have any questions, please call the office at (480) 423-1973.

Leave the support garments on even when using the bathroom.

You can expect:

- Moderate discomfort-which should be helped by the pain medications
- There may be some bloody drainage on the dressings
- The greatest discomfort is usually the first 24-48 hours (thereafter, you will find that you require less pain medication)

Call the office if:

- Severe pain not responding to pain medication
- Swelling that is greater on one side than the other
- The bandages seem too tight
- Incisions that are red or feverish
- You have a fever
- Any other questions or problems arise

Once cleared to shower you may do so every day. Please do not use the bathtub for 2 weeks. You will remove the garment prior to showering, take a quick shower and replace the garments. The garment can be washed and dried. While this is being done please be off your feet and quiet. You may drive once off the pain pills and when you experience no pain with this activity.

Avoid smoking or second hand smoke for a minimum of 6 weeks after surgery.