



MEDICATIONS TO AVOID

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by the doctor prior to surgery.

Aspirin Medications to Avoid

Affect blood clotting.

4-Way Cold Tabs	Cama Arthritis Pain Reliever	Isollyl Improved Kaodene	Percodan products
5-Aminosalicylic Acid	Carisoprodol Compound	Lanorinal	Phenaphen/Codeine #3
Acetilsalicylic Acid	Cataflam	Ibuprohm	Pink Bismuth
Actron	Cheracol	Lodine	Piroxicam
Adprin-B products	Choline Magnesium	Lortab ASA	Propoxyphene Compound products
Aleve	Trisalicylate	Magan	Robaxisal
Alka-Seltzer products	Choline Salicylate	Magnaprin products	Rowasa
Amigesic Argesic-SA	Cope	Magnesium Salicylate	Roxeprin
Anacin products	Coricidin	Magsal	Saleto products
Anexsia w/Codeine	Cortisone Medications	Marnal	Salflex
Arthra-G	Damason-P	Marthritic	Salicylate products
Arthriten products	Darvon Compound-65	Mefenamic Acid	Salsalate
Arthritis Foundation products	Darvon/ASA	Meprobamate	Salsitab
Arthritis Pain Formula	Diclofenac	Mesalamine	Scot-Tussin Original 5-Action
Arthritis Strength BC Powder	Dipenturn	Methocarbarnol	Sine-off
Arthropan	Disalcid	Micrainin	Sinutab
ASA	Doan's products	Mobidin	Sodium Salicylate
Asacol	Dolobid	Mobigesic	Sodol Compound
Ascriptin products	Dristan	Momentum	Soma Compound
Aspergum	Duragesic	Mono-Gesic	St. Joseph Aspirin
Asprimox products	Easprin	Motrin products	Sulfasalazine
Axotal	Ecotrin products	Naprelan	Supac
Azdone	Empirin products	Naproxen	Suprax
Azulfidine products	Equagesic	Night-Time Effervescent Cold	Synalgos-DC
B-A-C	Etodolac	Norgesic products	Talwin
Backache Maximum Strength Relief	Excedrin products	Norwich products	Triaminicin
Bayer Products	Fiorgen PF	Olsalazine	Tricosal
BC Powder	Fiorinal products	Orphengesic products	Trilisate
Bismatrol products	Flurbiprofen	Orudis products	Tussanil DH
Buffered Aspirin	Gelpirin	Oxycodonc	Tussirex products
Bufferin products	Genprin	Pabalate products	Ursinus-Inlay
Buffetts 11	Gensan	P-A-C	Vanquish
Buffex	Goody's Extra Strength	Pain Reliever Tabs	Wesprin
Butal/ASA/Caff	Headache Powders	Panasal	Willow Bark products
Butalbital Compound	Halfprin products	Pentasa	Zorprin
	IBU	Pepto-Bismol	
	Indomethacin products		



Ibuprofen Medications to Avoid

Affect blood clotting.

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprofen	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid

Intensify anesthesia, cardiovascular effects.

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

Other Medication to Avoid

Affect blood clotting.

4-Way w/ Codeine	Dicumerol	Mellaril	Sparine
A.C.A.	Dipyridamole	Miradon	Stelazine
A-A Compound	Doxycycline	Opasal	Sulfinpyrazone
Accutrim	Emagrin	Pan-PAC	Tenuate
Actifed	Enoxaparin injection	Pentoxifylline	Tenuate Dospan
Anexsia	Flagyl	Persantine	Thorazine
Anisindione	Fragmin injection	Phenylpropanolamine	Ticlid
Anturane	Furadantin	Prednisone	Ticlopidine
Arthritis Bufferin	Garlic	Protamine	Trental
Birth Control Tablets	Heparin	Pyroxate	Ursinus
Childrens Advil	Hydrocortisone	Ru-Tuss	Virbamycin
Clinoril C	Isollyl	Salatin	Vitamin E
Contac	Jantova	Sinex	Warfarin
Coumadin	Lovenox injection	Sofarin	
Dalteparin injection	Macrochantin	Soltice	



Salicylate Medications, Foods & Beverages to Avoid

(Please note that these are not required to be fully discontinued but you should limit your intake on the below items, especially garlic, onions and fish oil.)

Affect blood clotting.

Amigesic (salsalate)	Pabalate	Almonds	Garlic
Disalcid (salsalate)	Pepto-Bismol (bismuth subsalicylate)	Apples	Ginger
Doan's (magnesium salicylate)	Salflex (salsalate)	Apricots	Grapes
Dolobid (diflunisal)	Salsalate	Blackberries	Pickles
Magsal	Salsitab (salsalate)	Boysenberries	Prunes
Pamprin (Maximum Pain Relief)	Trilisate (choline salicylate + magnesium salicylate)	Cherries	Raspberries
Mobigesic		Chinese Black Beans	Strawberries
		Cucumbers	Tomatoes
		Currants	Wine

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage.

Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit	Dong Quai root	Goldenseal	Nem seed oil
Alfalfa	Echinacea	Gotu Kola	Onions
Aloe	Ephedra	Grape seed	Omegas
Argimony	Eucalyptus	Guarana	Papaya
Barley	Fenugreek seeds	Guayusa	Periwinkle
Bilberry	Feverfew	Hawthorn	Selenium
Bitter melon	Fish Oil	Horse Chestnut	St. John's Wort
Burdock root	Flaxseed Oil	Juniper	Tumeric
Carrot oil	Fo-ti	Kava Kava	Valerian/Valerian Root
Cayenne	Garlic	Lavender	"The natural Viagra®"
Chamomile	Ginger	Lemon verbena	Vitamin E
Chromium	Gingko	Licorice root	Willow bark
Coriander	Gingko biloba	Ma Huang	Yellow root
Dandelion root	Ginseng	Melatonin	Yohimbe
Devil's club	Gmena	Muwort	

If you are taking anything not on this list, please call the office at (480) 423-1973 to notify us and make sure that it is okay.



SCOTTSDALE CENTER
FOR PLASTIC SURGERY

Medications