



My Experience at the Association of German Aesthetic Plastic Surgeons Meeting

By Steven Sigalove MD, FACS

I was fortunate to have been asked to represent The Aesthetic Society along with Jamil Ahmad at the Spring Meeting of the German Society of Aesthetic Plastic Surgery, held in Berlin this past May. I had never been to Germany, and I thought that this would be an amazing opportunity to share our ideas and practices with our European colleagues, as well as experience a country I had never seen.

When I arrived at the Hotel Kempinsky in Berlin, I was shocked at how impressive the hotel was as it was situated literally a stone's throw from the famous Brandenburg Gates, as well as the original Berlin Wall. I was instantly taken back to a time when life was very different, and the stability of the world was in question.

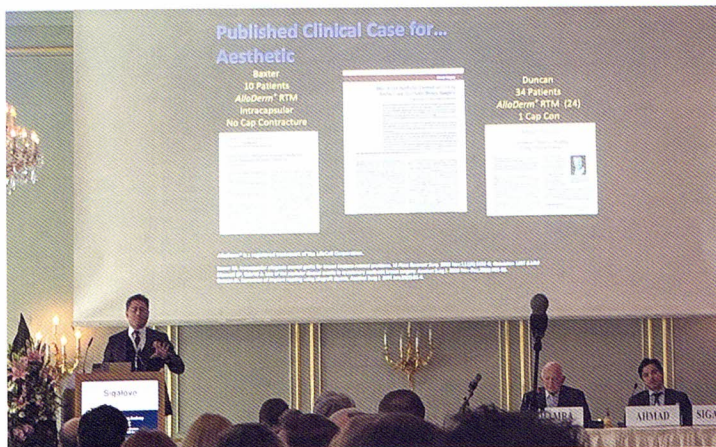
Jamil and I had been in close communication with Dr. Uwe von Fritschen, one of the organizers of the meeting, who allowed us to speak on any topic we wanted. We both represented The Aesthetic Society, championing camaraderie and collegiality with our European colleagues; attempting to create connections and close ties with the hope that many of them might come to our meetings here in the United States, further creating bonds, trading ideas, and forging relationships with friends from around the world... ultimately, sharing knowledge to maximize patient outcomes on both sides of the pond.

The meeting itself was fantastic, and we got to hear European perspectives on topics such

as BII, current facelift techniques, as well as breast and body contouring. It was a true honor to present to our European colleagues, and I think/hope that it was as well-received as I was excited to present.

The German Aesthetic Society was kind enough to provide us with amazing food morning, noon, and night. They also arranged fabulous tours of Berlin, as well as a cool driving tour of the city in historic German automobiles.

All in all, my experience in Berlin was incredible. We made new friends who I am confident will come see us in return at our Aesthetic Society meetings. I would like to thank The Aesthetic Society for supporting us and giving us this amazing opportunity.



It was a true honor to present to our European colleagues, and I think/hope that it was as well-received as I was excited to present.



Save the Date!
**Association of German
 Aesthetic Plastic Surgeons
 (VDÄEPC)**

Berlin
 May 5–6, 2023

